

Fresh & Delicious | Made From Scratch | Organic Greens | Local Farmers | No Canola | Vegan & GF Options | No Refined Sugars

EXTRA BOWL TOPPINGS

10.95

10.95

V: VEGETARIAN | GF: GLUTEN FREE | VG: VEGAN | NF: NUT FREE

Smoothies made with nut free oat milk. Dairy free, gluten free, vegan, add a booster for extra nutrition.

MOCHA-NANA (VG, GF, NF) calories: 280 oat milk, cold brew coffee, banana, date, cacao	8.95	CURIOUS GEORGE (VG, GF) calories: 450 oat milk, cacao nibs, almond butter, banana, date	8.95
PINKY SWEAR (VG, GF, NF) calories: 320 oat milk, organic strawberry, banana, date	8.95	GREEN COCO (VG, GF, NF) calories: 270 oat milk, mango, cucumber, spinach, kale, banana, mint	9.95
SUNSET (VG, GF, NF) calories: 400 oat milk, pineapple, banana, mango, lime	9.25	SUPER BLUE (GF) calories: 480 oat milk, organic blueberry, almond butter, date, chia seed, banana, collagen	9.95
MINT CHIP (VG, GF, NF) calories: 340 oat milk, spinach, banana, date, cacao nibs, mint leaves	9.25		

Smoothie Bowls & Breakfast Bowls TOPPED WITH SUPERFOODS. Bowl full of vegan goodness.

PINKY SWEAR BOWL (VG, GF) calories: 330	9.50	AÇAÍ BOWL (VG,GF) calories: 530	12.25
oat milk, organic strawberry, banana, date. topped with organic		oat milk, organic acai, banana, organic strawberry and date. topped	
strawberry, banana, toasted almond crumble, goji berries		with banana, cacao nib, organic strawberry, coconut, toasted almond	
CLINICET DOWN (VC CE)	11 25	crumble	
SUNSET BOWL (VG, GF) calories: 400	11.25		
oat milk, pineapple, banana, mango, lime. topped with banana, cocon goji berries, mango	iut,	OVERNIGHT OATS (GF, V) calories: 440 gluten free oats, oat milk, almond butter, organic strawberry, honey,	8.95

banana, toasted almond crumble

COCO-NUT-BUTTER BOWL (V, GF) calories: 440 11.25 oat milk, banana, almond butter, date. topped with frozen organic blueberry, toasted almond crumble, banana, bee pollen

BOOSTERS: BLEND-IN SUPERFOODS

ACAI (\$2.20) ALMOND BUTTER (\$1.10) AVOCADO (\$1.10) FROZEN BERRIES(\$.85) CACAO NIBS (\$.85)	CACAO POWDER (\$1.10) CHIA SEEDS (\$.55) COLD BREW (\$.85) COLLAGEN (\$1.65) HEMP PROTEIN (\$1.65)	HEMP SEEDS (\$.85) KALE (\$.85) SPINACH \$.85) PEA PROTEIN (\$1.65)	ALMOND BUTTER (\$1.10) ALMOND CRUMBLE (\$.85) BANANA (\$.55) BEE POLLEN (\$.55) BLUEBERRY (\$.85) STRAWBERRY (\$.85)	CACAO NIBS (\$1.10) CHIA SEEDS (\$1.10) COCONUT CHIPS (\$.85) GOJI BERRIES (\$1.10) HEMP SEEDS (\$1.10) PUMPKIN SEEDS (\$1.10)
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Toasts & Wraps GOURMET OPEN FACED & WRAPPED SANDWICHES | Gluten free options: Simple Kneads Sourdough

CHICKEN BACON AVOCADO WRAP (NF) Joyce Farms roasted chicken, thick cut bacon, heirloom tomato, sharp cheddar, avocado, spinach, housemade ranch and wrapped in flour torti	12.95	NUT BUTTER & BANANA (V) calories: 550 cashew butter, banana, honey suggested add-ons: strawberry (.55)	9.25
calories: 780		AVO VEGAN (VG, NF) calories: 260	10.50
QUIT YOUR JOB (V) calories: 520 scrambled egg, tomato, avocado, sharp cheddar, avocado goddess, s	12.95 riracha	housemade avocado spread, marinated red onion, herb oil, micro-ground suggested add-ons: bacon (\$1.65), #over-easy egg (\$1.10)	eens

and wrapped in flour tortilla & topped with mango salsa BASIL, BACON & TOMATO (NF) calories: 210 suggested add-ons: bacon (2) bacon, heirloom tomato, basil with housemade avocado spread || suggested add-ons: #over-easy egg (\$1.10), goat cheese (\$1.10)

Salads & Grain Bowls HEAPING BOWLS OF GOODNESS. Want it chopped? Just ask!				
VILLAGE COBB (GF, NF) calories: 760 roasted chicken, thick cut bacon, egg, cherry tomato, avocado, green onion, blue crumbled cheese, sweet corn, romaine dressing: village ranch or avo-goddess		BRUSSELS & BACON (GF, NF) calories: 650 brussels sprouts, charred tomato, thick cut bacon, parmesan crisp, brown rice, spinach Sub quinoa (+\$1.10) dressing: fig balsamic	12.95	
TROPICAL CHICKEN calories: 430 roasted chicken, fresh mango, cilantro, honey sesame cashews, sesam goat cheese medallions, romaine dressing: cilantro lime ginger suggested add-on: avocado (\$1.10)	13.25 ne	MEDITERRANEAN (V, GF, NF) calories: 570 spiced chickpeas, feta, cherry tomato, cucumber, quinoa, fresh herbs romaine, mixed greens dressing: lemon garlic suggested add-ons: roasted chicken(\$2.20) #over-easy egg (\$	10.95	

MISO BOWL (VG, GF, NF) calories: 470 SOUTHWEST (V, GF, NF) calories: 572 995 black beans, mango salsa, chopped romaine, sharp cheddar, cilantro, roasted red peppers, roasted carrots, pumpkin seeds, edamame, avocado, brown rice, sweet corn, green onion || dressing: avo-goddess avocado, nori strips, brown rice, kale or spinach || dressing: miso ginger or village ranch suggested add-ons: #over-easy egg (\$1.10), roasted chicken (\$2.20)

|| suggested add-ons: roasted chicken (\$2.20) over-easy egg (\$1.10) FARMER'S DAUGHTER (GF) calories: 550 11.25 HERB & PUMPKINSEED (V, GF, NF) calories: 572 roasted chicken, green apple, sweet potato, spiced almonds, brown rice, avocado, fresh herbs, edamame, cucumber, tomato, mixed greens, kale, kale or spinach || dressing: balsamic dijon & roasted carrot vinaigrette pickled onion, pumpkin seed, parmesan crisp || dressing: maple basil suggested add-on: avocado (\$1.10) suggested add-ons: roasted chicken (\$2.20) over-easy egg (\$1.10)

BUILD ANY SALAD OR BOWI

Customize your bowl with your choice of: UP TO 2 BASES | UP TO 4 TOPPINGS | DRESSING

All products in this facility may contain allergens. please notify us if you have any food or nut allergies. # consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.