



APPETIZERS

| | |
|--------------------|--------|
| deviled egg flight | 3.39 * |
| hummus trio | 4.99 |

TEA SANDWICHES

| | |
|--------------------------------|--------|
| deviled egg & pickled cucumber | 2.89 * |
| prosciutto, fig & pear | 3.39 * |
| strawberry & cream cheese | 3.39 * |

SANDWICHES

| | |
|---------------------|--------|
| egg salad & avocado | 3.39 * |
| balsamic chicken | 5.99 |
| turkey & brie | 5.99 |
| pimento cheese BLT | 6.19 |

* eligible for Meal Exchange

DIPS & BOWLS

| | |
|---|--------|
| spinach & artichoke dip | 4.79 * |
| buffalo chicken dip | 6.79 |
| roasted beet & walnut dip | 6.79 |
| poke bowl | 8.39 |
| <small>rice, tuna, edamame, avocado, carrot, cucumber, jalapeño, sesame</small> | |
| açaí bowl | 8.39 |
| <small>açaí puree, strawberry, banana, blueberry, chia, coconut, honey</small> | |
| quinoa fruit bowl | 5.39 * |
| <small>quinoa, strawberry, banana, blueberry, honey, salt</small> | |

SIDES

| | |
|-------------------------|--------|
| blueberry almond muesli | 4.19 * |
| chia pudding | 4.89 * |
| seasonal berry cup | 5.19 * |
| hard-boiled eggs (2) | 1.69 |

SWEETS



|||| scratch-baked by Bondi's Bakery • Burlington, NC

SCONES

| | |
|--|-------|
| strawberry | 2.99* |
| blueberry iced | 3.49* |
| everything — <i>vegan option available</i> — | 3.49* |

MUFFINS

| | |
|--------------------|-------|
| blueberry crumble | 4.49* |
| vegan maple-orange | 4.49* |

HOUSE-MADE CROISSANTS

| | |
|--------------------|-------|
| plain | 3.99* |
| berries & cream | 4.99* |
| chocolate-hazelnut | 5.99* |

SPECIALTIES

| | |
|-----------------------|------|
| warm cinnamon bun | 4.99 |
| oatmeal cream pie | 2.99 |
| chocolate chip cookie | 3.99 |

CAKES & PIES

| | |
|-----------------|------|
| key lime pie | 5.99 |
| red velvet cake | 5.99 |
| birthday cake | 5.99 |

| | |
|--------------------------|------|
| SEASONAL MACARONS | 2.79 |
|--------------------------|------|

|||| Moonlit Macarons • Elon, NC

*eligible for Meal Exchange



|||| original blends & creations by Chad's Chai • Winston-Salem, NC

| ICED TEA | 12oz | 16oz |
|--|-------------|-------------|
| Himalayan Black ⁺ | 3.99* | 4.99 |
| Peachy Keen | 3.99* | 4.99 |
| Strawberry Summer <i>caffeine-free</i> | 3.99* | 4.99 |

| LATTES (hot or iced) | | |
|---|------|------|
| Original Black Chai Latte | 4.49 | 4.99 |
| Sundown Chai Latte <i>caffeine-free</i> | 4.49 | 4.99 |
| Matcha Latte | 6.49 | 6.99 |

| SEASONAL (hot or iced) | | |
|-------------------------------|------|------|
| S'more Latte | 4.49 | 4.99 |
| Pumpkin Spice Matcha Latte | 6.49 | 6.99 |

| BOBA TEA | | |
|-----------------|------|------|
| | 4.49 | 4.99 |

HOT TEAS *see tea menu for descriptions and ingredients*

| BLACK MATÉ | 12oz | 16oz |
|------------------------------|-------------|-------------|
| Finnigan's Wakeup | 2.99* | 3.49 |
| Jamie's Grey | 2.99* | 3.49 |
| Himalayan Black ⁺ | 3.49* | 3.99 |
| Cocoa Maté | 2.99* | 3.49 |

| OOLONG GREEN WHITE | | |
|-------------------------------|-------|------|
| Jade Oolong ⁺ | 3.49* | 3.99 |
| Green Peace | 2.99* | 3.49 |
| Nepalese Green ⁺ | 3.49* | 3.99 |
| Peachy Keen | 2.99* | 3.49 |

| HERBAL | | |
|--|-------|------|
| CPR <i>caffeine-free</i> | 2.99* | 3.49 |
| Strawberry Summer <i>caffeine-free</i> | 2.99* | 3.49 |

| SPICED CHAI | | |
|-----------------------------------|-------|------|
| Original Black Chai | 3.49* | 3.99 |
| Sundown Chai <i>caffeine-free</i> | 3.49* | 3.99 |

⁺ Single Origin Teas

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