



Cobb



Market



Market

## salads & wraps

all salads can be made as wraps **v** | vegan **gf** | gluten friendly

### Cobb

field greens, hard boiled egg, avocado, bacon, aged cheddar, tomatoes, corn, greek yogurt ranch

salad 9.79  
450-610 cals / **gf** | wrap 8.79  
710-870 cals

### Fiesta

field greens, avocado, aged cheddar, corn, black beans, salsa fresca, cilantro lime vinaigrette

salad 8.49  
440-600 cals / **gf** | wrap 7.49  
650-810 cals

### Market

field greens, quinoa, feta cheese, dried cranberries, beet slaw, strawberries, carrots, balsamic vinaigrette

salad 8.99  
540-700 cals / **gf** | wrap 7.99  
740-900 cals

## Soups

### Spicy Lemongrass

spicy chicken or vegetable lemongrass broth, rice noodles, cabbage, carrots, tomatoes, mushrooms, cilantro

300 cals / 6.99 / **gf**



Spicy Lemongrass

## PICK YOUR PROTEIN

Steak 3.49 / 90 cals

Chicken 1.99 / 90 cals

Falafel 1.99 / 160 cals

Tofu 1.99 / 80 cals

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.



# bowls & burritos

all bowls can be made as burritos **v** | vegan **gf** | gluten friendly



Oaxaca



Smokehouse



Pangoa

## Oaxaca

brown rice & kale, avocado, beet slaw, black beans, corn, salsa fresca, crispy wontons, spicy yogurt sauce

bowl 8.29	burrito 8.29
600-760 cals	750-910 cals

## Tex Mex

brown rice, avocado, corn, black beans, aged cheddar, salsa fresca, greek yogurt ranch

bowl 7.99	burrito 7.99
640-800 cals / <b>gf</b>	710-870 cals

## Teriyaki Twist

brown rice, edamame, broccoli, carrots, cucumber, green onions, crispy wontons, sesame seeds, teriyaki sauce

bowl 7.29	burrito 7.29
490-650 cals / <b>v</b>	670-830 cals / <b>v</b>

## Bamboo

brown rice, broccoli, mushrooms, carrots, cabbage, coconut, cilantro, green curry sauce

bowl 7.99	burrito 7.99
540-700 cals / <b>gf</b>	650-810 cals

## Buddha's Satay

rice noodles, broccoli, carrots, cabbage, green onions, crispy wontons, spicy peanut sauce  
(burrito is made with brown rice)

bowl 7.29	burrito 7.29
500-660 cals / <b>v</b>	740-900 cals / <b>v</b>

## Smokehouse

brown rice, aged cheddar, tomatoes, black beans, red onions, corn, spicy yogurt sauce

bowl 7.29	burrito 7.29
480-640 cals	650-810 cals

## Pangoa

brown rice, avocado, aged cheddar, tomatoes, black beans, corn, cilantro, fiery bbq sauce

bowl 7.99	burrito 7.99
700-860 cals	860-940 cals





## Juices

### Reset

150 cals / 6.99 / v, gf

### Renew

100 cals / 6.99 / v, gf

### Green Genius

120 cals / 6.99 / v, gf

### Recharge

120 cals / 6.99 / v, gf



## Frozen Yogurt

### Low-Fat Frozen Yogurt

with choice of two toppings

260 cals / 4.99 / gf

additional toppings 0.50 each